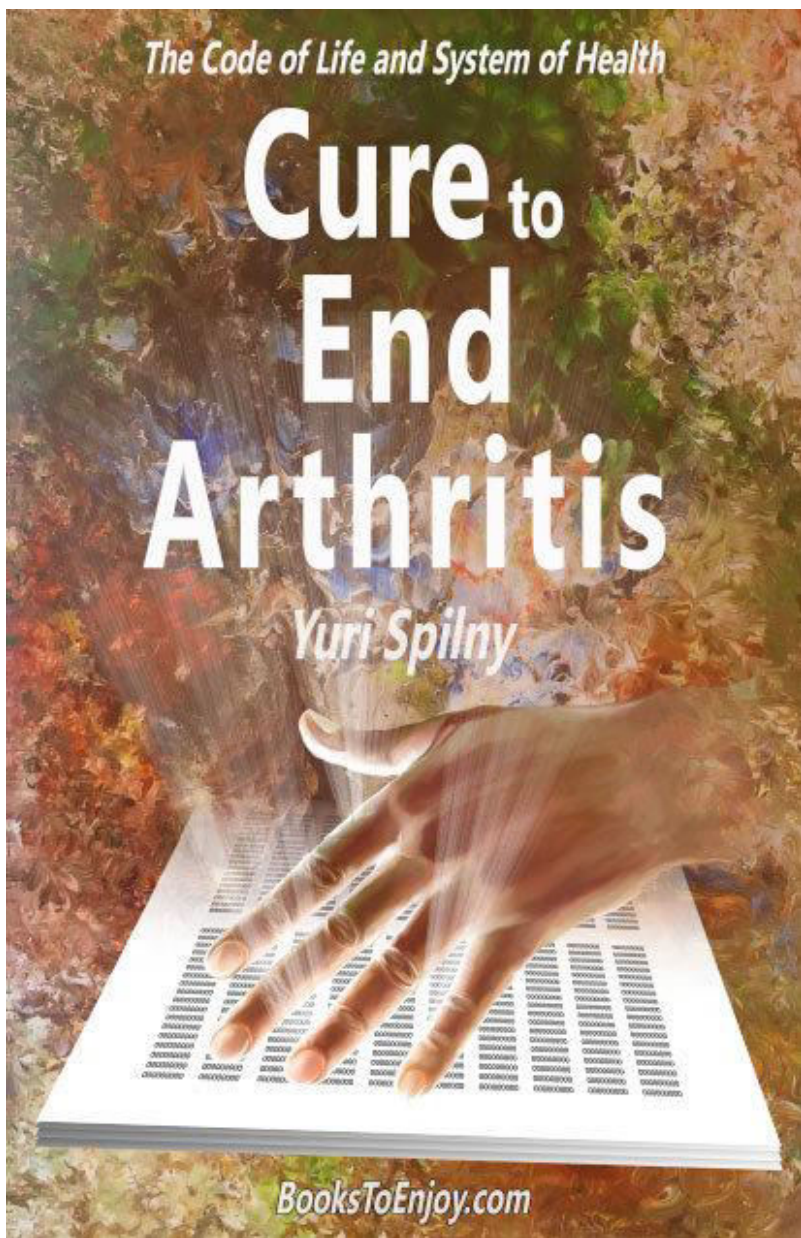


The Code of Life and System of Health

Cure to End Arthritis

Yuri Spilny



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Cure to End Arthritis

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Ah, Love! Could thou and I with Fate conspire
To grasp the sorry Scheme of Things entire,
Would not we shatter it to bits – and then
Re-mould it nearer to the Heart Desire!

You have osteoarthritis! What would you choose, consuming piles of chemicals with serious side effects for the rest of your life, or place your hands on top of *The Code of Life* several times a day for a few days and eliminate osteoarthritis forever?

With *The Code of Life*, you can do it in a few weeks. There is no need for medicines, equipment, doctors, and diets. *The Code* generates a 100% energy level with 10 to the 56 power frequency – parameters true Love.

When we charge *The Code* with our energy according to the instruction, *The Code's* energy will surge. With this great power, you destroy the causes creating Arthritis.

Here you are given something entirely different from what you have experienced so far. It is a healing method conducted by yourself without doctors, without medications and equipment, and utilizes your powerful benevolent energy.

The Code of Life cures any disease because there exists no barrier for benevolent high-frequency energy that destroys pathogens, dissolves deposits in the blood vessels, restores genomes, organs, systems, and processes, enables tissue to grow and bones to mend.

While we focus on healing osteoarthritis, Rheumatoid and other Arthritides could also be cured. Other health issues likewise would be positively affected while using *The Code*.

There are two general conditions for using *The Code*: your Intel-Star (soul) energy level must be not less than 52% (explained in the following chapter). More than 90% of Americans with osteoarthritis have a 52% energy level and higher. They could use *The Code of Life* to cure themselves of Arthritis within a few weeks.

Send us your name, age, and location (not to confuse you with another person who may have the same name) at yuri@bookstoenjoy.com; we will provide you with your Intel-Star energy level and confirm your eligibility.

The second condition is even simpler: when working with *The Code of Life*, you must not use medicine, equipment, doctors but make two visits to your doctor. Make the first visit before you start using *The Code*. The second visit you would make to confirm your Arthritis is gone.

Depending on your Intel-Star energy level, you would use one of the two healing modes:

- When your Arthritis is mild to medium, you will use regular healing mode.
- When your Arthritis is severe, you will use the *Intense Healing Mode*.

To understand how these procedures work, you must have basic knowledge of the energy provided in the following chapter.



Knowing people is wisdom,
Knowing the Self is Enlightenment.
Mastering people requires force,
Mastering the Self needs strength

Tao Te Ching

Energy

Life is all about energy

The author opens the world of power: the world of the energy we call Love and beyond. The Code of Life demonstrates that love is not an abstract concept but powerful energy to elevate ourselves, achieve better health and relationships, and have a fulfilled life.

Eva Garcia eva@capagencialiteraria.com

This chapter may seem a bit confusing at first, but please bear with it. Read it through one more time; it will make sense eventually. It helps to think in terms of simple arithmetic.

An Intel-Star is a unique module (that the writers of the Bible call soul) “downloaded” via Infinite Intelligence into our brain at the time of birth. It is departing the body at the time of death, loaded with our life experience. See chapter *The Flower that Once has Blown* at the end of the book. Intel-Star is an Ergoinformational compendium connecting us via four receptors in the brain, with the *Infinite Field of Knowledge* to receive information we need to create a healthy, happy, and successful life.

Intel-Star’s outer Ergoinformational field has an upper limit frequency of 10 to the 67 Power at 200% energy. It is the frequency and energy of the Enlightenment. Its lower limit is “0,” or a point of death. Intel-Star’s energy level could drop as low as 4% (Adolf Hitler) with a corresponding 10 to the 6 Power frequency, influencing human behavior accordingly. With rare exceptions, the frequency of the world and the Universe is 10 to the 56% Power (energy 100%), which is the frequency and energy level of what we call true Love. It is also the standard against which Intel-Star’s percentage or energy level is calculated and frequency.

Science is not yet capable of registering true Love energy level. It cannot locate and investigate Intel-Star. We can do it with *The Code of Life* and learn the Intel-Star’s outer field frequency and corresponding energy level fluctuates depending on human behavior and mode of life.

There is something in the Intel-Star that never changes: its core, the Truth, which has 500% energy and 10 to the one billion Power frequency making Intel-Star indestructible. Intel-Star is located in the Cerebellum of the brain. It keeps the record of our every experience in its outer field. It is also “our judge within.” Whatever information we accept is equated to Intel-Star’s core (connected with Infinite Field of

Knowledge.) When this information is false, it creates psychological conflict, negatively affecting human mental and physical health.

A newborn human being has Intel-Star's frequency and an energy level of true Love with a potential to increase it to a 200% and 10 to the 67 Power frequency of Enlightenment. When brought up with Love, a child would be able to exercise this potential and become his and her best teacher and doctor. It also means everyone has an equal opportunity to create a life of Health, Happiness, and Success.

The nature of the Intel-Star energy and frequency is the same as in electricity. Unlike electricity, this energy has a much greater frequency, a much higher upper limit. A person's Intel-Star energy level is the only accurate indicator of the person's goodness and vice. With The Code, we determine it in just a few seconds.

To avoid confusion, an outer field of the Intel-Star energy has nothing to do with the energy that the core of the Intel-Star is sending to the body and brain, which is always at a 100% level (after it was converted). This uninterrupted supply of energy "feeds" the body and brain. The energy of the outer field remains in the outer field of the Intel-Star and fluctuates within the field. We are born with a 100% of Intel-Star energy level in the outer field. Then where additional energy comes from when we raise our energy level above 100%? It comes from the core, says *The Code*.

Energy is waves of various lengths and frequencies. Love is a form of energy. Even the most solid objects are energy that vibrates with different frequencies, which can be accurately measured. Our emotions and qualities of the character can be accurately measured only with the levels of the Intel-Star

energy. The Universe and Nature have the same 100% energy and frequency of 10 to the 56 power of true Love. Different molecular structures create the difference in appearances. The more intense is frequency, the more benevolent and constructive is the corresponding energy. The intelligent energy of an unimaginable high frequency “created” our Universe. The intensity of the frequency has no known upper limit. Its lower limit is zero, or the state of death.

Our emotions and qualities of the character can be accurately measured only with the levels of the Intel-Star energy. The Universe and Nature have the same 100% energy and frequency of 10 to the 56 power of true Love. Different molecular structures create the difference in appearances. The more intense is frequency, the more benevolent and constructive is the corresponding energy.

When the energy level is low, its long bashing destructive waves may disorient genes in several brain glands, prompting inappropriate behavior. Depending on their energy level, people would commit offenses, crimes, hurt others, and adhere to abnormal ways of living.

Frequency is how often an event repeats itself over a set amount of time. In physics, wave frequency is the number of wave crests that pass a point in one second (A wave crest is the wave's peak). Hertz (symbol Hz) is the unit measuring frequency. The higher/more intense the frequency, the shorter the wavelength. Short wavelengths are more energetic than long wavelengths and have a higher penetrating power. They are also “manageable,” meaning they can be focused. We use these higher frequencies with *The Code of Life* to focus its energy on pathogens and destroy them. In the Intense Healing

Mode, we focus *The Code*'s energy on the causes of illness and destroy them.



The gift

Anna and Nadezhda Balzhak

The Code of Life

The Intel-Star (soul) energy level is the only accurate indicator of the person's goodness and vice.

The Code is at the core of our Biocomputer (an entire brain, not just the mind) and Life. It was waiting to be discovered. It is active during our life regardless of our knowledge of it. When used consciously, *The Code of Life* becomes our


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X 5000

The Code may get distorted in Kindle. Here is what it should be:

The Code consists of ten columns. Each column is made of six primary codes. Each primary Code is made of 18 rows, nine zeros each. At the bottom of *the Code*, there is a row of digits:

X 5000

Print 21 pages of *The Code* on both sides of each page. Now you have a complete *Code* to be used in every procedure and accomplish many other tasks.

The Code of Life has been available to humanity forever. I discovered it; I did not create it. It is called *The Code of Life* because, in its free state, the *Code's* frequency is the frequency of Nature, the Universe, and true Love. It is given to us to live by the energy of Love, enjoy Love's benefits, and battle negativity. In reality, there is no need to battle negativity; all we need to do is keep raising the energy level. The higher it is, the sooner negativity evaporates.

Place a jar of tap water on top of *The Code*. In ten minutes, it would normalize its PH. *The Code* could purify water, food and do many other "miracles." These are not miracles but the law. Like many other "unusual" happenings, it is still beyond science. Many applications of The Code are explained in the

book The Code of Life Communications and System of Health.



Sierra Nevada

Cure to End Arthritis

The spring should never vanish with the rose!
That Youth's sweet-scented manuscript should never close!
The Nightingale that in the branches sang,
Ah, whence and whither flown again, and back returns!

Rephrased by Y.S.

Upon waking in the morning and before bed, hold *The Code* in your hands and make this request:

Being in the state of Love, Oh, Love! I request thy Infinite Power provide me with the means to eliminate Arthritis and restore health to perfection.

Laying hands on top of *The Code* for several days, several times a day for several minutes at a time.

We would let you know the numbers upon receiving your data. When your osteoarthritis is not severe, you will lay your hands on top of *The Code* several times a day, for several minutes each time. The pause between the procedures must be two and a half hrs. for *The Code* to do its job. You would need to charge *The Code* each time, as is explained in the following example.

When your Intel-Star energy level is below 80%, you need to identify every cause of Arthritis (disoriented genes, each kind of pathogen, etc.) and destroy it.

“Although generally rheumatoid arthritis cannot be cured...”

Medical science

You can prove the above information is not accurate, and your Arthritis can be cured.

Pathogens that disorient and damage genes in joints of the body cause arthritis. *The Code of Life* cures any disease because there is no barrier to our benevolent high-frequency energy. Focusing on the target by request it destroys pathogens, restores genes and organs, systems and processes, and enables tissue to grow and bones to mend.

The Code will restore the lining of your joints or the cartilages, the smooth covering at the ends of bones, damaged by pathogens.

Create *The Code*: Print 21 pages of *The Code* on both sides of the paper.

1. To maximize the effect of the procedure, place your hands on top of *The Code*, and read the poem of Love five times. Reading a poem will raise your energy level. Keep your hands on top of *The Code* throughout the procedure.

From the hustle and vanity to the world unknown,
By the enchanted road, over the Mountains blue.
Over the lakes and flowers and mysterious valleys,
Suddenly! The world of Love will open to you.

Y.S.

2. Read the request aloud. With the request, you are using your Biocomputer (the brain) to focus energy generated by *The Codey* on the target.

Being in the state of Love, Oh, Love! I request your Infinite Power to charge my Code of Life with your energy to destroy pathogens, restore genes, and wipe out all impurities from my body. Thank you! Thank you! Thank you! Thank you!... Repeat “Thank you” with emotion for about 25-30 seconds, thus charging your *Code* with energy, which your charge is increasing many a hundred times.

Depending on the level of your Intel-Star energy level, repeat the entire procedure three to four times daily (for several days, or until your Arthritis is gone), with 30 minutes intervals between procedures.

When your Intel-Star energy level is 80% and higher, it is not necessary to name the causes of Arthritis; it is not necessary to charge *The Code*:

Being in the state of Love, Oh, Love! I request your Infinite Power to charge my Code of Life with your energy to destroy all causes creating Arthritis and wipe out all impurities from my body.

When Arthritis is severe, it is better to use the *Intense Healing Mode* to destroy the causes of Arthritis. However, your energy level must be 80% and higher to use this mode.

Being in the state of Love, Oh, Love! I request thy Infinite Power to charge my Code of Life with thy energy to destroy all causes creating arthritis and wipe out from my body all impurities.

After filing the request, you would not charge *The Code* because your sufficient energy level plus your demand *to charge my Code of Life with thy energy* made within the request together would have sufficient power to do the necessary job.

How *The Code* is accomplishing the task, destroying pathogens, and eliminate Arthritis is a puzzle. Try to solve it 😊

Intense Healing Mode

In the *Intense Healing Mode*, you are laying hands or holding *The Code* in your hands (during the procedure only) and repeatedly filing a request with a thirty-minute interval between filings.

You may start filing your request when you wake up and continue throughout the day. In the late afternoon, you would sense you have to stop filing your request this day to let *The Code* do its job. Trust yourself. You may use the Simplicity method to confirm it.

When your Arthritis is severe, but your Intel-Star energy level is below 80%, you would have to raise your energy level to use the *Intense Healing mode*, as is explained in chapters *Elevating Energy Level* and *Elevating Intel-Star Energy Level by Eliminating Influence of Negativity of the Past*. Otherwise, you would use regular healing mode, filing your request, and charging *The Code* up to four times a day. We would provide you with details.

Please, let us know if you wish to cure another form of Arthritis; we would send you instruction on how it can be done.

Elevating energy level

What is the difference between you and Buddha? There is only one difference: your mind is clogged with teachers, teachings, dogmas, gods, and cultural drivel; Buddha's mind was nearly stark naked. The "Spiritual" industry complicates this issue, but it is as simple as a whistle.

Drop teachers; they are all but egotistic fraud. What is a teacher when there is nothing to teach? The US teachers' average Intel-Star energy level, including those from the East, is disastrous 8%. Many of them are violating the laws of nature. Drop all teachings, for there are no helpful teachings whatsoever. Every Eastern teaching is rooted in the Vedas and Upanishads. With their energy levels below 10%, these two sources embody utter ignorance, a total reality distortion.

Most teachings, tools, and practices were imported from the east, with its population having an overall 13% Intel-Star energy level. Over 50% of the male population had their Intel-Stela energy level below 15%, resulting from millenniums' adherence to falsehood. Everything coming from there is damaging even detrimental to one's health.

Drop all cultural drivel with its news and entertainment of all kinds. The US news media has an overall Intel-Star energy level of 8%, which means fake news all the way. TV shows, movies, anchors, so-called "celebrities," "stars," producers, directors are poisoning you with their overall disastrous 6% energy level.

When you drop it all, your energy level will jump to 100% and higher, and you would see the light of the day. You will make the right decisions and would live a truly happy and

fulfilling life. Of course, you may still get irritated, emotional, even angry, but it will be short-lived and will not leave a trace of negativity in the subconscious.

Though the above method is the most efficient way to raise your Intel-Star, guaranteeing success, the following helps make the subconscious's final polishing, cleaning it of the past negative traces.

Elevating Intel-Star's energy level by eliminating the influence of negativity of the past.

The world of nature, animals, the Universe, and human beings is the paradise world of Oneness. However, human beings have been endowed with minds. The mind divides Oneness into two worlds by creating a low energy/frequency world with low energy people. This world has been created because negativity accumulated in humanity's subconscious archive infected with pathogens.

Indeed, our negative past creates a major problem in our way to Peace and Happiness of the Paradise world of Oneness because it obstructs Love and negatively influences our decisions. We have tested the Elevating positive energy level technique. It is similar to the original Transformation method described in my books; it is also more comfortable employing and checking the progress. Using the Elevating Intel-Star energy level technique after dumping all teachers and teachings will eliminate every trace of the past negativity.

Begin with determining how much negativity remains in your subconscious archive out of 100% of the negativity accumulated during the first ten years of your life.

1. How much negativity remains in my subconscious archive, considering all the negativity I have accumulated in my first ten years to be a 100%?
2. (Optional) Let the Star Pendulum move freely along the horizontal line while counting with every couple of swings "5", "10", "15", end so on. At some point, the Star Pendulum would tend to move towards the vertical line. It may be a very

light movement. You would instantly notice the Star Pendulum's almost unnoticeable tendency to change direction and recheck it with practice. Let us say it is 23%. The amount of remaining negativity is not essential. It demonstrates you have carried through life negativity obtained in your first ten years and reminds you of your inspirations, dreams, and decisions that were often sabotaged by this negativity as well as by the negativity accumulated in later years.

Every negative event generates negative low-frequency energy inflicting damage to the energoinformational shields of the body, organs, and systems. It is the primary reason why stress must be avoided. When the event is intense, like in child abuse, it would also damage the energoinformational shield of the child's brain and genome of neurons – carriers of the memory traces.

The damage to the energoinformational shields opens the “door” for pathogens (Protozoa and Fungus) to enter and set in neurons. A damaged genome and parasites will cause neurons to malfunction, creating a negative field that would adversely influence the child's life and as a grown-up. To resume neurons' regular activity, pathogens have to be destroyed and genome – restored.

In case of a mild adverse event, our immune system will do the job of eliminating pathogens and repairing the damage done to the energoinformational shields.

1. File the request with the Power of Love.

Being in the state of Love, Oh, Love! I request thy Infinite Power to charge my Code of Life with thy energy to destroy Protozoa and Fungus and restore

genomes of the neurons affected by adverse situations in the first ten years of my life.

Keep charging.

When your energy level is below 80%, keep charging *The Code* for 30 seconds.

The Biocomputer focuses *The Code*'s high-frequency energy on the target and destroys what we have programmed to destroy. We are using not some outside force, but the high-frequency energy we labeled Love, multiplied by our charge many a hundred times. With pathogens destroyed, genome restored, and neurons healed, the negative influence is dissolved. Thus, we are reducing the amount of subconscious negativity and intensifying the frequency of our energy.

Repeat this process for every ten years of your life. You could narrow it down to every five, four, one year, even one month. The shorter is the period you choose, the more effective it is cleansing.

2. Afterward, verify there is no negativity left in your subconscious archive in the corresponding period of your life. Repeat when it is necessary. Depending on your energy level, it may be required to repeat the process several times.

Remember to have two and a half hour breaks between requests, thus, letting *The Code*'s energy do the job. Depending on your energy level, a pause may be longer.



Red Sea, Egypt

Be your best and only teacher and doctor

It was the cold winter of 1943, the third year of World War II. All frozen, the Volga river was covered with a thick layer of snow, creating an eerie, desolate setting with a fisherman boat visible far away laying on the side, frozen in the barren kingdom of white.

On the high river-shore, there stood an old mansion – our home. With its owners killed by communists, the mansion was converted into a kindergarten for children saved from Moscow's relentless fascist bombing.

Along a wide corridor, three little boys were running. They wanted to start a popular game at a time – the war game. They had to steal and hide a huge banner propped onto a long pole to start the game. Crash! Caught between two columns, the pole split, tearing a heavy red sheet of the banner to shreds.

In the morning, children wearing the pioneer scarves were assembled for a special ceremony in the large room that used to be a dance hall in older times. The torn-apart red banner was placed on top of the table and the broken pole in the hall's center. A young woman, also wearing a red scarf, called my name. As I came in, she said something I could not hear because I was crying. Then she bent over and took off my red scarf. I turned and ran away as she kept screaming after me to return.

From that time on, I have never joined any gathering. Whether it was Pioneers or Komsomol, Communists party, or a church crowd, I avoided crowds like the plague.

We are born to be our best teachers. Life has no meaning unless we find Happiness and share it, helping others to find it. When it happens, we fulfill our purpose. We also would help the world's Oneness against the negative trends of war, fraudulent governments, violent entertainment, pornography, and other diseases plaguing humanity. It would happen effortlessly when your energy level is 80% and higher.

When you make a permanent decision for Happiness's life to be your purpose, decide to become your best and only teacher. Do not be a victim of self-proclaimed gurus, their seminars, and books. Do not get lured by the spiritual industry's promises. Most people spend their lives searching, attending seminars, and studying teachings. It is a useless, unnatural process. Leave the search, and with the *Code of Life*, be your best and only teacher. Reading teachings and attending seminars is a waste of life, for no one ever found Love and Freedom in books and crowds.

To everything, there is a season and a time for every purpose under the heaven. You have searched for a long time, and you do not want to spend your life doing it over and over again. No matter how old, every teaching is contaminated with negativity; it is useless and damaging. Enlightened people were a few in the last 2000 years; they did not create teachings. The unenlightened followers made the teachings; it is of no use to you.

Enlightened people tell us the teachings cannot be created because there is nothing to teach about our inner world. Nobody can help you with it. You and only you must make this discovery. The only way to discover it is to become your best and only teacher. You discover it not by learning but by unlearning.

Accurate answers come from within. It will happen sooner when you become your best and only teacher. With *The Code of Life*, you can know the truth about teachers, scriptures, and every other piece of information.

You have no choice because already you are your best and only teacher with all the knowledge available to you. The question is how to access it, and the answer *The Code of Life* is all you need.



Everything was simple when I was two years old

Mastering simplicity

The Code of Life is at the root of Life. With the Simplicity method, we utilize the full power of *The Code* without using tools but using our inherent ability to receive the right knowledge.

We are born self-sufficient and all-knowing. However, our brain does not store any knowledge in it, except what we put in there. Some glands in our brains function as receptors of the information stored in *The Infinite Field of Knowledge*, an integral part of the Infinite Intelligence. As we get older, these receptors are getting damaged by pathogens,

overwhelmed by misinformation we have been taught is truthful. Thus, we can no longer receive the right knowledge from *The Infinite Field of Knowledge* that has only truthful information. The wrong information is created only by the mind and is stored in the brain.

To restore our ability to receive true knowledge from *The Infinite Field of Knowledge*, we must raise our Intel-Star energy level to at least 130%, as explained in *Key Points*. In addition, it is essential to practice watching the mind that would help to discard misinformation. The higher is our Intel-Star energy level, and the sounder will be our accomplishments.

Master of simplicity could learn the truth about the person in question, diagnose, do tests, etc., and receive an answer to any inquiry without using the tools. A human being is meant to be independent of the tools, teachers, teachings, doctors, medicines, supplements, and governments.

Read a Love poem of your choice. Sit in a chair behind the table; place *The Code* on top of the table in front of you. Put your hands on top of the thighs. Order your left hand to mean Yes, the right – No, or vice versa. Get comfortable. Relax.

Instantly strain your upper arms, and feel a point between the eyes. Relax. Ask your question: “Do I need to restore my vision this week, Yes or Not?”

Strain your upper arms, and feel a point between the eyes. Relax but keep feeling all three points simultaneously. You may repeat the question or say “Yes or Not!” Gently keep concentrating on three points. In a split second, you would

feel some sensation in one of your hands. It may be tickling in one hand; one hand could feel heavier or warmer than the other, or it may be just felt while the other – did not. It may be even simpler: your attention will be directed to one of your hands. There certainly will be a pronounced difference between your two hands. A hand that is felt is the answer.

The three points issue is vital to understand. When you are simultaneously feeling all three points, it helps to take attention from everything else, even from your hands, especially – from the mind. When this three-point feeling is firmly established, usually, in one or two seconds, suddenly, you would feel sensation in one of your hands.

To see how it works, concentrate on your hands without the three points issue, then use the three points and experience the difference. Sometimes you may experience the sensation in one of your hands without the three points issue. The three points are essential when it comes to accuracy.

Keep your hands on top of *The Code* throughout the process.

This method requires almost no time to practice. In my experience, it works like a clock. In the beginning, I was rechecking the result with the Star Pendulum, but only in the very beginning. The results were always the same. It is the simplest method and most comfortable to use. It is also accurate; I would say – precise. To use it, your energy level must be 52% and higher.

This method is superior to the SP because you utilize a natural ability to know all you wish to know without tools.

You are born all-knowing. To receive the correct answer, using the Simplicity method is as natural as breathing. All you need is confidence and little practice. The Simplicity

method verifies our inherent ability to receive the correct answer to every question without tools.



Courtesy of Pinterest

**Live each present moment completely
And the future will take care of itself.
Fully enjoy the wonder and beauty of each instant.**

***Love each present moment with all your heart, with
all your mind, with all your being
and the future will take care of itself in a breathtaking
way.***

About the Author



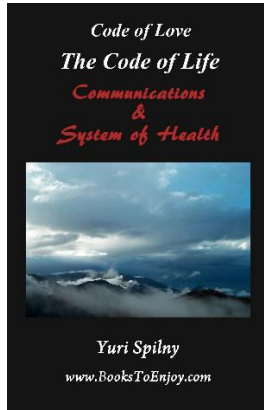
Yuri Spilny was born in Vladivostok, Russia. His life has been varied and unusual. After six years in the Navy School, Yuri decided it was not for him. “When awakening for duty, I was hit with the sudden realization,” he said, “Now just walk out of here! And I left the Naval Academy just three months before graduation.” Yuri then went to Moscow Film School and began a successful career as a documentary filmmaker. Traveling the world, he produced over 70 documentary films on a variety of subjects. Yuri lectured at the University of Economics and Moscow State University on Awareness, Responsibility, and Freedom. He studied comparative religious philosophy and practiced meditation. He created and produced the *Russian-American Investment Symposium* in partnership with the *J. F. Kennedy School of Government, Harvard University*. His company, *USSR Film Service Corporation*, represented the Russian Film Industry in the US, facilitating and producing numerous films, including *Chernobyl*, *the Final Warning*, *Inside the KGB*, and *Cops in Russia*.

“I always knew,” he says, “that my destiny was to write,” and he wrote *The Incredible Adventures of Kitto*, a beautifully illustrated trilogy of fairy tales emphasizing to young readers “every child is born to succeed.” His books *Gates of the Dead*, a novel; *Freedom Technique: Path to Awareness and Love*; *The Lion Moves Alone*, *The Code of Life Communications and System of Health*, and other books are at:

<https://www.amazon.com/~e/B008MOVXHA>

For twenty years, Yuri lived in Sierra Mountains in the heart of Sequoia National Forest, California.

Yuri@BooksToEnjoy.com



There is a simple and effective way to get rid of illness without the help of a doctor and medication. The method is *The Code of Life*. It generates 100% energy with a frequency of 10 to the 56 power in its free state. With this benevolent power, we destroy pathogens, dissolve deposits in the vessels, restore tissue, organs, and systems, and perform all tests and diagnoses. Thus, we become our best and the only doctors.

You can verify *The Code* is real by giving it to your relatives or anyone who has hand arthritis and be convinced: indeed, within less than two weeks, *The Code* eliminates Arthritis. We would be happy to provide *The Code* and instruction upon request.

Informatica is another inimitable application of *The Code of Life*, the world's most accurate communications system. It is providing information on any subject, past and present, via tapping into the Infinite Field of Knowledge, thus validating any document, person, and event. We also get instant data

observability, stay on top of data quality and detect fake data before it hurts us.

Another unique application of *The Code of Life* enables spiritual seekers to cut off their search and teachers and teachings and become their best and the only teachers.

The countless applications of *The Code of Life* include purification of the water, decontamination of foodstuff, verification of the quality of the product, whether it is an automobile or honey, validation of our decisions, whether financial, relationships' or any other, and more.

The Code of Life is at the core of Life. We did not create it. It existed forever. It was hidden behind dense drop-curtain – the confusion of doctors, teachers, teachings, and misinformation. *The Code* came forth on its own when the curtain was lifted.

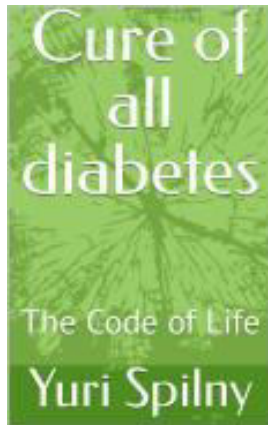
The Code of Life is the only way to freedom. It may sound pompous, but as you read the book, you will realize that being your best teacher and doctor is the only way to know the Truth.

To be free means freedom from all teachers and teachings, all concepts and dogmas, from all beliefs. Like you and millions of other people, I have been searching for almost 40 years. The search resulted in several books with realizations that have been somewhat helpful to people and me in daily life.

Only when I realized the outright importance of being my best teacher, when I became my best and the only teacher, I discovered *The Code of Life*. I was 80 years old. I was not free, but a high energy level enabled me to discover *The Code*.

If I were free, I would discover nothing because when enlightened, one does not make discoveries, leaves behind no traces... like Buddha. So even this book is not necessary. I wrote it to help you to drop all the books along with teachers, doctors, and medicaments. At 84, as I am translating *The Code* into Russian, I have 187% and 167 IQ. (Freedom is 200%, as explained in the following chapter.) In this state, I see the world and people as they are. Secrets and puzzles no longer exist for me, and history is an open book so that I could tell you some truths.

Buddha was not yet enlightened. If he were enlightened, he would not follow “spiritual” traditions for twenty-four years until he realized all traditions, teachings, practices, and methods were useless. *The Code of Life Communications and System of Health* will help you cut off your fruitless search, for the search brings you nowhere. You will find the Truth only when you abandon the entire “spiritual” trash and become your best and the only teacher, for the trash has been created to mislead, to take you away from yourself.



You have diabetes! What would you choose, consuming piles of chemicals with serious side effects for the rest of your life, or place your hands on top of *The Code of Life* several times a day for a few days and get rid of osteoarthritis?

With *The Code of Life*, you can normalize your blood sugar count within a few weeks. There is no need for medicines, equipment, doctors, and diets. *The Code* generates a 100% energy level with 10 to the 56 power frequency – parameters true Love.

When we charge The Code According to the instruction, with our energy, *The Code's* energy will surge. With this great power, we destroy the causes creating diabetes.

The Code of Life cures any disease because there exists no barrier for benevolent high-frequency energy that destroys pathogens, dissolves deposits in the blood vessels, restores genomes, organs, systems, and processes, enables tissue to grow and bones to mend.

The Code of Life will cure inherited diabetes, providing the patient has a 150% and higher Intel-Star energy level.

Here you are given something entirely different from what you have experienced so far. It is a healing method conducted by yourself without doctors, without medications and equipment, the method that is utilizing your powerful benevolent energy.

While our focus is on the healing of diabetes, other health issues would also be positively affected when using *The Code*.

There are two general conditions for using *The Code*: your Intel-Star (soul) energy level must be not less than 52% (explained in the following chapter). More than 95% of 20 million diabetic Americans have a 52% energy level and higher. They could use *The Code of Life* to cure themselves of diabetes within a few weeks.

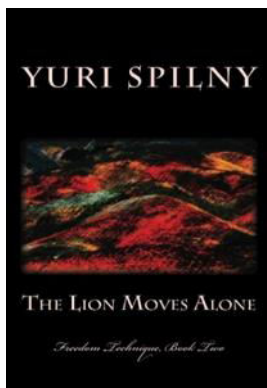
Send us your name, age, DOB, and location (not to confuse you with another person who may have the same name) at yuri@bookstoenjoy.com; we would provide you with your Intel-Star energy level and confirm your eligibility.

The second condition is even simpler: when working with *The Code of Life*, you must not use medicine, equipment, doctors but make two blood sugar tests. One test should be made before you start using *The Code*. Another test you would make to confirm your blood sugar is normal. You would do it after we verify your blood sugar was normalized.

Depending on your blood sugar level and Intel-Star energy level, you would use one of the two healing modes:

- When your blood sugar count is 17 and less, you will use regular healing mode.
- When your blood sugar count is above 17, you will use the *Intense Healing Mode*. When your energy level is lower than 80%, follow the procedure explained further in the book.

To understand how these procedures work, you must have basic knowledge of the energy provided in the book.



First comes desire; it is followed by hope, disappointment, and suffering; then comes search. Search discovers Love. With Love comes the simplicity of being in the “now” and joy that melts down desires. The mind is educated when your entire past is transformed into Love. When it happens, Love becomes the leader, and the educated, aware mind follows Love’s intuitive lead.



Long, long ago, there was a beautiful kingdom known the world over for its wonderful toys and talented toy makers. This ancient kingdom was called Kalamaria and its kind ruler was King Alonso.

King Alonso loved toys as much as the children did. Every three years he held a special fair where toy makers could sell their toys for the children to enjoy.

For years and years, Kalamaria flourished and the people were happy. Then one day a powerful sorceress appeared in Kalamaria. Her name was Milady.

The Incredible Adventures of Kitto

Set of three books (8.5”x 11”) with over 80 original illustrations in Full Color

A set of three original books is available at www.bookstoenjoy.com

E-books are available at Amazon.com.

THE MIDWEST BOOK REVIEW

The Children's Bookwatch

An official Newsletter of

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The Incredible Adventures of Kitto

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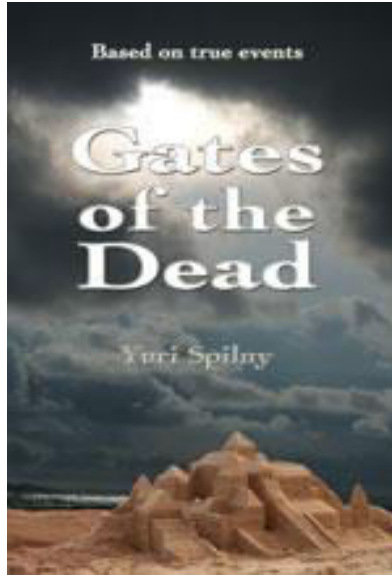
Beautifully illustrated with more than eighty original watercolors by Anna and Nada Balzhak, "The Incredible Adventures of Kitto" is a wondrous trilogy of fairytale stories that emphasize to their young readers "every child is born to succeed."

Sorceress's Spell (1-892316-00-5) follows ten-year-old Kitto as he incurs the wrath of the wicked Milady. Escaping Milady's powers via a flying dragon and aided by the good Fairy Sambhava, Kitto creates four magical toys which become Kitto's best friends. The Toynapers (01-3) finds Kitto bringing his toys to participate in The Greatest Toy Show on Earth, where Princess Daisy falls in love with them, and her father makes Kitto his royal toy master -- only to see Kitto end up falsely accused of a terrible crime, convicted and imprisoned. River of Fire (02-1) begins with a breathtaking escape for now blind Kitto through the services of his good friend, the flying dragon. Aided by Fairy Sambhava once again, Kitto and his toys travel to the Enchanted River of Fire. Together they encounter and overcome great dangers.

Eventually, they reach the Pearl Palace of a terrible wizard and obtain a very special treasure.

A highly recommended fairytale trilogy.

James A. Cox, Editor-in-Chief



Available at [Amazon.com](https://www.amazon.com)

“...Their love was not of this world. They knew nothing except great love for each other. It was all they had, and they didn’t want anything else.” The Magician fell silent, looking at distant mountains veiled in the blue mist of a dying day. From that far-away mountain country or maybe from that ancient realm where unearthly love had once bloomed, a flock of birds flew in, as if greeting the Magician.”

A timeless, enlightening adventure, a flight from grief in search of happiness.

A loving and creative writer spins this story, but the story's subject – the meaning of love, life, and death – and its treatment set the book apart. *Gates of the Dead* has importance both timely and timeless and contains much practical wisdom that can be taken at many levels depending on the reader's receptivity. As a contribution to the subject of Love, it is unique among the books on the subject.

Prof. Olga Volkogonova, Department of
Philosophy of Science. Moscow State
University

This story offers greater insight into the little voice inside all of us that speaks directly to and through our hearts. There are no accidents to love. Fleeting as it may feel when bound to this earth's rules, it is truly limitless on the other side.

Jill Sloan, Kernville, California

